



# *To Live is CHRIST*

A Study of the Book of Philippians

*Lesson Six*

Gold River Calvary Chapel  
Women's Bible Fellowship

Spring 2021

# To Live is CHRIST

## A Study of the Book of Philippians Gold River Calvary Chapel Women's Ministry

### Lesson Six

#### ***Step One: Read the Word***

**"In Him are hidden all the treasures of wisdom and knowledge." Colossians 2:3**

This study uses the Christian Standard Bible translation (CSB), which is provided for you in each lesson in Step One. Please use that version to fill in blanks or answer questions, but you are encouraged to read as many translations as you like in order to get a fuller understanding of the scripture.

In Step One, try to determine the "who, what, where, when or how" of the passage. Look for words that are repeated often, such as "in Christ" or "joy" or "rejoice." Circle any key words and underline phrases that stick out to you. Use the column to the right to jot down any notes, scripture references, or questions you might have.

Note: There is an example of how to do Step One in the Introduction to this study. You can also use the "Bible Study Aids" included in the Introduction to gain more understanding of the passage of scripture.

*Remember to always pray before you read God's Word, asking the Holy Spirit to open the scripture to your understanding.*

**Read Philippians 4:1-9 starting on the next page:**

**Philippians 4:1-9**

**Christian Standard Bible Version**

**4** So then, my dearly loved and longed for brothers and sisters, my joy and crown, in this manner stand firm in the Lord, dear friends.

**Practical Counsel**

**2** I urge Euodia and I urge Syntyche to agree in the Lord. **3** Yes, I also ask you, true partner,<sup>[a]</sup> to help these women who have contended for the gospel at my side, along with Clement and the rest of my coworkers whose names are in the book of life.

**4** Rejoice in the Lord always. I will say it again: Rejoice! **5** Let your graciousness<sup>[b]</sup> be known to everyone. The Lord is near. **6** Don't worry about anything, but in everything, through prayer and petition with thanksgiving, present your requests to God.

<sup>7</sup> And the peace of God, which surpasses all understanding, will guard your hearts and minds in Christ Jesus.

<sup>8</sup> Finally<sup>[c]</sup> brothers and sisters, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable—if there is any moral excellence and if there is anything praiseworthy—dwell on these things. <sup>9</sup> Do what you have learned and received and heard from me, and seen in me, and the God of peace will be with you.

## ***Step 2: Consider the Word***

**“Let the word of Christ dwell in you richly.” Colossians 3:16**

Re-read Philippians 4:1-9 and answer the questions below.

1.
  - a. In verse 1, how does Paul describe his brothers and sisters at Philippi? Why do you think Paul considered them his “joy and his crown?”
  
  
  
  
  
  
  
  
  
  
  - b. In what manner were they to “stand firm?” (Review Phil 3:16-17 and 3:21)
  
  
  
  
  
  
  
  
  
  
2. See verse 2-3. Two women who had contended with Paul for the gospel were now contending with each other. Apparently, this conflict had so affected the rest of the congregation that Epaphroditus felt compelled to mention it to Paul when he went to visit him.
  - a. Who were Euodia and Syntyche to agree in, even if they couldn’t agree on other issues?
  
  
  
  
  
  
  
  
  
  
  - b. Why should the church leader who Paul refers to as “true partner,” as well as Clement and other leaders in the church help these women become reconciled to each other? How could a disagreement between a few people cause a division in the whole church?

c. We all have heard actual stories of churches dividing over such things as the type of piano bench they should have, or color of carpeting, or other extraneous issues. In what ways can all believers in a church body contribute to harmony and unity when divisions arise?

d. How could rejoicing in the Lord always (verse 4) and expecting the Lord to come back soon (verse 5) be an antidote to division in the body of Christ?

3. See verse 5. Paul tells believers to practice graciousness. The Greek word translated graciousness (epieikes) means “to be moderate, patient, gentle, show sweet reasonableness, have grace towards others.” How could Titus 3:2, and James 3:17, which both use this same Greek word, give us insight on how to avoid disunity and disagreements within the church body?

Titus 3:2:

James 3:17:

4. See verses 6-7.

a. What does Paul command at the beginning of verse 6?

b. What are we allowed to be anxious about when we are in Christ? Why is this different from those who aren't believers?

c. What does Psalm 37:8 tell us happens when we fret?

d. Instead of worrying or being anxious, what are we to do instead? (Verse 6)

e. If verse 6 tells us "in everything" to present our requests to God, is there anything that is too small or insignificant to pray about?

f. Why is thanksgiving important to include in our prayers and petitions?

g. What will guard our hearts and minds when we take everything to the Lord instead of fret over it?

5. See verse 8.

a. List in order the eight things we are to dwell on instead of worry and anxiety:

1.

2.

3.

4.

5.

6.

7.

8.

b. It is notable that “whatever is true” is at the top of this list. Warren Wiersbe, in his commentary “Be Joyful” states that “The Holy Spirit controls our minds through truth (John 17:17, 1 John 5:6), but the Devil tries to control them through lies.” Do you think it is possible to think pure, lovely, etc. thoughts if we believe a lie or “half-truth” about a situation?



c. How could our “taking every thought captive to Christ” (2 Corinthians 10:5) and being “transformed by the renewing of our minds” (Romans 12:2) help us to meditate on these 8 things?

6. In verse 9 Paul exhorts the church to do not only what Paul taught them, but showed them in his own life. How important is it to be a role model of what we believe?

**Memory Verse:** “Don’t worry about anything, but in everything, through prayer and petition with thanksgiving, present your requests to God. “(Phil. 4:6)

Write the memory verse down below:

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3. a. Is there anything you are anxious about lately? Write it below:
- b. Write out what you believe to be true about the things you are anxious about.
- c. How does that compare with what you know to be true about God? Explain.
- d. Journal a prayer to the Lord below, asking that His peace would guard your heart and mind in Christ Jesus when those anxieties arise.

4. Think of a time(s) when you've experienced the peace of God in your heart and mind.
  - a. Explain how you knew it was the peace of God, even though verse 7 says that it "surpasses all understanding."

- b. What relationship did your thinking according to verse 8 have with experiencing the peace of God?

5.
  - a. In what ways are you a good mentor to other Christians? Thank God for each one!

- b. Are there any areas in which you would like to be a better mentor?

Write the memory verse below:

**“Don’t \_\_\_\_\_ about \_\_\_\_\_, but in  
\_\_\_\_\_, through prayer and petition with  
\_\_\_\_\_, present your requests to \_\_\_\_\_ “(Phil.  
4:6)**

What lesson or truth meant the most to you this week?

Journal a prayer below, thanking God for that truth.



**PRAYER REQUESTS AND PRAISE REPORTS**

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