

JESUS - Our Living Hope

A Study of the Book of 1st Peter

Lesson Seven

Gold River Calvary Chapel

Women's Bible Fellowship

Fall 2021



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Summary: *This week we will learn about the blessings that result from humility.*

Step One: Read the Word

“In Him are hidden all the treasures of wisdom and knowledge.” Colossians 2:3

This study uses the Christian Standard Bible translation (CSB), which is provided for you in each lesson in Step One. Please use that version to fill in blanks or answer questions, but you are encouraged to read as many translations as you like in order to get a fuller understanding of the scripture.

In Step One, try to determine the “who, what, where, when or how” of the passage. Look for words that are repeated often, such as “beloved”, “suffering,” “good works” or “chosen.” Circle any key words and underline phrases that stick out to you. Use the column to the right to jot down any notes, scripture references, or questions you might have.

Note: There is an example of how to do Step One in the Introduction to this study. You can also use the “Bible Study Aids” included in the Introduction to gain more understanding of the passage of scripture.

Remember to always pray before you read God's Word, asking the Holy Spirit to open the scripture to your understanding.

Complete Step One by reading and marking up 1 Peter Chapter 5, below.

<p>1 Peter 5 Christian Standard Bible</p> <p>About the Elders</p> <p>¹ I exhort the elders among you as a fellow elder and witness to the sufferings of Christ, as well as one who shares in the glory about to be revealed: ² Shepherd God’s flock among you, not overseeing out of compulsion but willingly, as God would have you; not out of greed for money but eagerly; ³ not lording it over those entrusted to you, but being examples to the flock. ⁴ And when the chief Shepherd appears, you will receive the unfading crown of glory. ⁵ In the same way, you who are younger, be subject to the elders. All of you clothe yourselves with humility toward one another, because</p> <p>God resists the proud but gives grace to the humble.</p>	
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Conclusion

⁶ Humble yourselves, therefore, under the mighty hand of God, so that he may exalt you at the proper time, ⁷ casting all your cares on him, because he cares about you. ⁸ Be sober-minded, be alert. Your adversary the devil is prowling around like a roaring lion, looking for anyone he can devour. ⁹ Resist him, firm in the faith, knowing that the same kind of sufferings are being experienced by your fellow believers throughout the world.

¹⁰ The God of all grace, who called you to his eternal glory in Christ, will himself restore, establish, strengthen, and support you after you have suffered a little while. ¹¹ To him be dominion forever. Amen.

¹² Through Silvanus, a faithful brother (as I consider him), I have written to you briefly in order to encourage you and to testify that this is the true grace of God. Stand firm in it! ¹³ She who is in Babylon, chosen together with you, sends you greetings, as does Mark, my son. ¹⁴ Greet one another with a kiss of love. Peace to all of you who are in Christ.

Step 2: Consider the Word

“Let the word of Christ dwell in you richly.” Colossians 3:16

Re-read 1 Peter Chapter 5 in its entirety and answer the questions below. (Remember to use the Christian Standard Bible (CSB) translation provided in Step One to answer).

1. See verse 1. Peter is writing to the elders in the churches that would have received his letter as it was passed around in Asia Minor. An elder was a leader in the church (see Titus 1:5-9).
 - a. What three reasons does Peter give for his authority to exhort the elders of the churches that would read this letter?
 - 1.
 - 2.
 - 3.
 - b. Why do you think Peter thought these qualifications would be more persuasive than citing his apostleship as a reason elders should heed his exhortation?
2.
 - a. What occupation does Peter compare elders to in verse 2?

b. To whom do the sheep (flock) belong? Why do you think this would be an important reminder to the elders given the exhortation that follows in verses 2-3?

c. Do you think these exhortations apply only to pastors, or to all those in leadership positions in the church? Why?

d. See verse 3. Who are elders acting like when they minister out of the right heart attitude and to whom will they be held accountable? What is their reward?

3. See verse 5.

a. What attitude does Peter tell all Christians to “clothe themselves” in? What do you think this looks like in a life?

b. What is God’s response to our humility? (See also Psalm 10:17).

- c. What is God's response to our lack of humility? (See also James 4:6)
 - d. How would humility promote unity in your church? Give some examples.
- 4. See verses 6-7.
 - a. What does God promise to do for the humble?
 - b. What beautiful grace is given to us when we have cares and anxiety?
- 5. See verse 8.
 - a. Why does Peter tell us to be sober minded and alert?
 - b. What methods have you seen Satan use in his attempt to "devour" Christians?

6. See verse 9.
- a. What does verse 9 say our response should be to Satan's temptations?
 - b. What promise are we given in James 4:7?
 - c. What protection are we given in the Spirit to fight Satan according to Ephesians 6:10-18? What offensive weapon are we to use? (See also Matthew 4:4, 6 and 10).
7. See verse 10. Look up in a dictionary the following actions that God promises to do *personally* for those who he has called to his eternal glory in Christ (every believer) after they have suffered:
- Restore:
- Establish:
- Strengthen:
- Support:

8. What reasons does Peter give in verse 12 for writing to the church through his scribe, Silvanus? What does Peter tell us to do with this grace?

Note: *Peter ends his letter with a greeting from “She who is in Babylon.” The “she” is the church there in Rome. “Babylon” was symbolic for the world system in rebellion against God. (See Revelation 17:5 for the same symbolism).*

Memory Verse: “⁶ Humble yourselves, therefore, under the mighty hand of God, so that he may exalt you at the proper time, ⁷ casting all your cares on him, because he cares about you.” (1 Peter 5: 6-7)

Write the memory verse down below:

Step 3: Walk in the Word

“...As citizens of heaven, live your life worthy of the gospel of Christ.” Philippians 1:27

Re-read 1 Peter Chapter 5 in its entirety and answer the questions below:

1. Verses 2-3 give pastors and other church leaders a sobering view of their responsibility to lead and teach their congregation with love, humility and diligence. What practical ways can you support your church leadership in their responsibilities?

2. See verse 6. Peter ends his beautiful letter of hope in who we are in Christ with the admonition that we are to be humble, as our Chief Shepherd Jesus is humble (see also Philippians 2:5-8). There are many definitions of humility, but scripture says it the best:

“Do nothing out of selfish ambition or conceit, but in humility consider others as more important than yourselves.” Philippians 2:3

In what situations or with which people do you have the most difficult time considering others as more important than yourself? Would the promise that God will exalt you at the proper time help you in those moments when you struggle with humility?

3. See verse 7. How difficult is it to cast ALL your anxieties and care on the Lord – and then leave them there? (See also Philippians 4: 6). How would it help to know that the Holy Spirit wrote this verse through Peter to remind you that God cares for you personally?
4. See verse 10. Peter ends this letter where he is giving suffering Christians hope with this beautiful promise of God’s personal “urgent care” after we have suffered. Think about a time when God fulfilled this promise to you after a difficult trial or grief, and journal a prayer below thanking him for his faithfulness.

Write the memory verse below:

**“6 _____ yourselves, therefore, under the mighty hand of
_____, so that he may _____ you at the _____
time, 7 casting all your _____ on him, because he _____ about
you.” (1 Peter 5: 6-7)**

Look back over the book of 1 Peter. What lesson or truth meant the most to you in your study of this letter?

Journal a prayer below, thanking God for that truth.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

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